

Dear Friends.

How are you holding up?

It's been 41 days since he who shall not be named was sworn back into office. A lot's happened in a short amount of time and it's been challenging to process. Many of us feel violated that Musk's minions breached our private information. Those of us that work for the federal government fear that our jobs are in jeopardy. Anxiety overflows for our undocumented neighbors. The list goes on. Our sense of safety and security is in jeopardy and we don't know what's next.

Some of us haven't missed a beat, moving directly into action-mode, making calls and attending protests. Others feel too overwhelmed to do much of anything. Wherever you are, we're here with YOU. Below, the list grows of trainings, protests, calls to make etc. This week, you may have boundless energy to do what's asked of you on the list! If you're not in that place this week, that's OK too. We'll be here for you when you're more rested the week after! This is a marathon, not a sprint, so take care of yourself!

Remember to join our private ILNH Fb page and if you were forwarded this email and want to subscribe, click here! Also, don't forget to check out our website!

Peace in activism, ILNH

ILNH Postcard party

Tuesday, March 4, 6:30 pm Union Coffee, 49 N. Union in Lambertville NJ

Postcards will be written to voters in Florida for Josh Weil. Josh is running in a special election for a congressional seat. It's very important to flip the House so all available hands are needed! RSVP here https://www.facebook.com/events/4008174486138127/ OR to riverbrass893@gmail.com so we can get the proper number of addresses.

EVENTS/TRAINING/PROTESTS ETC.

Know Your Rights Training for Immigrant Allies (Virtual)

Monday, March 3, 8-9pm

What You'll Learn: 1) Your rights when witnessing an ICE raid How to be an effective ally, 2) Practical strategies to support immigrant-led organizing, 3) Community resources for advocacy and action. This training is the second session in MoveOn's Action, Community, Training (ACT) series. Click here to register!

The Real State of the Union w/ Timothy Snyder

Tuesday, March 4, 7:30-8:30pm

Ahead of the State of the Union, join us for a very timely conversation with renowned historian Timothy Snyder as he discusses the urgent threats of authoritarianism and what we can do to resist it. Drawing from his bestselling book, *On Tyranny*, Snyder will outline essential lessons from history and provide concrete steps for defending democracy and safeguarding our freedoms. Whether you're looking for things you can do or simply wanting to better understand today's political landscape, this discussion will empower you to stand up for democracy. Click here to register!

Non-violence Peacekeeper Training

Saturday, March 8, 11am - 1pm

Newtown Friends Meeting, 219 Court Street Newtown, PA 18940 Note: Parking is available at The Stockingworks or behind the liquor store on State Street.

With so many planned protests in the works, we want to be as prepared as possible if confronted by counter protesters. Conflict can escalate to violence quickly, so join us to learn some strategies to keep everyone safe.

The Indivisible Bucks County Leadership Team encourages anyone who plans on attending protests to take advantage of this free and valuable training.

About the trainer: Barbara Simmons is the former director of The Peace Center and taught at Arcadia University's International Peace and Conflict Resolution program for 20 years. She has been a peacekeeper for the Rainbow Room in Langhorne and for various protests and events throughout the region for several years. Click here to register!

Tesla Takedown II

No one voted for Elon Musk, but he's using his wealth and power to take down our government. Peaceful Musk protest at Tesla. Bring your signs. Be creative! Show up to make sure people know when they buy a Tesla they support Musk's chaotic and heartless agenda!

Saturday, March 8, 2 – 3:30pm Tesla, 3371 Brunswick Pike #100, Lawrence Township, NJ

Click here to register!

Saturday, March 22, 12 – 2pm

Tesla, 700 York Rd, Warminster, PA 18974

Note: Parking is available next door in the shopping center. 650

York Rd, Warminster, PA 18974

Click here to register!

Virtual Meeting With Dan Pfeiffer

Monday, March 10, 5-6pm

Dan Pfeiffer, one of the experts on Pod Save America and host of Substack's 'Message Box' will join us on Zoom.

Dan will talk to us about the best ways to resist the Trump/Musk agenda, and give us an informed look at how we can make the best use of our time to engage others in meaningful action. As Senior Advisor and Assistant to President Barack Obama, Dan understands the workings of the Federal Government and the levers that are used to enforce – and block -- Presidential powers.

In this time of what many call a Constitutional crisis, we need to hear from those whose ideas are based in practical solutions. Click here to register!

2025 LGBTQ Lobby Day

Monday, March 17, 2025 9:00 AM - 2:00 pm New Jersey State House, 125 W State St, Trenton, NJ 08608

This is our opportunity — your opportunity — to show our legislators what we need them to do to protect queer and trans New Jerseyans. Register now to join us, Planned Parenthood Action Fund of New Jersey, the League of Women Voters of New Jersey, and Hyacinth at the Statehouse Annex. In addition to the chance to speak with lawmakers and advocate for critical change, attendees will receive a free T-shirt, Garden State Equality pin, and complimentary breakfast and lunch. Click here to register!

Just say NO to Tom Kean Jr. budget cuts

Thursday, March 20, 12-1pm

Tom Kean, Jr. pretends he is a moderate Republican, but then hides from his constituents. During this March congressional recess, we will rally outside his offices in Bernardsville to send him a message that we know he is complicit in everything the Trump-Musk administration is doing, including terrible cuts to Medicaid that will affect at least 50,000 of Tom Kean Jr.'s constituents in his district.

Bring your signs.

Those who wish can come ready to quietly visit his office, one or two at a time. Click here to register!

Ready to Run Training

Friday, March 21 - Saturday, March 22, 2025 (All day) Douglass Student Center, 100 George Street, New Brunswick, NJ 08901

For the past 25 years, our flagship New Jersey program has trained over 4,000 women to run for office, seek appointed

ACTION ALERTS

Write to NJ legislators to protect fair ballots

A5116/S4142 includes several unnecessary design elements that would advantage some candidates over others. Specifically, the legislation clutters the ballot with unnecessary markers, does not include uniformity for standard font size statewide, ignores calls to end bracketing, and does not follow best practices for ballot draw to determine candidate placement on the ballot. Click here to stand up for fair ballots that voters deserve!

Call your Senators to protect the Postal Service

The Washington Post reported that Trump is planning to sign an executive order to fire the entire Postal Board of Governors and place the USPS under the control of Wall Street billionaire Howard Lutnick, the newly appointed Commerce Secretary. This is a worst-case scenario. It's an illegal takeover that defies the Constitution, which gives Congress, not the president, authority over the Postal Service. If Trump succeeds, the USPS will be at risk of massive service cuts, much higher costs for mail delivery, and delays for prescription medications, and Social Security checks. Trump might even try to sell off parts of USPS, which provides critical services that millions of Americans rely on every day.

Click here to fill out a form to call and urge your Senators to protect the people's Post Office!

Tell Kean (NJ) or Fitzpatrick (PA) how dismayed you are that they voted to cut Medicaid, which in NJ covers 1/3 of all children

The House has passed their budget resolution H.Con.Res.14 by a mostly party line vote of 217-215. Because the Senate already passed their own, different resolution, the two legislative bodies must now come to an agreement.

Tell your elected your angry! Click here for information and to call your your elected to express your anger!

FREE Red Cards for Distribution!

Get FREE Red Cards to share essential info about rights under the U.S. Constitution.

Fired up? Take a heavier bag - there are more cards in there. Starting small? Take a lighter bag - less in there. **Ready to start a kindness revolution?** Take a few bags! Where to Place Them: Community centers, churches,

businesses, laundromats, libraries, and public spaces

Each bag includes instructions on How to Distribute. Take as many as you can distribute—more available upon request! If you will and can distribute, we will provide! Thanks for helping protect our community!

Pickup location: 21 N Main St, Lambertville (corner of N Main and Jefferson Sts). Cards are in a bin on the Jefferson Street-side porch. Pick the cards up any time!

Other Actions You Can Take

Chop Wood Carry Water Daily Actions

5 Calls

Actions provided by Indivisible National

LEGISLATOR CONTACT INFO.

U.S. Senators (PA and NJ)

Click here for phone, addresses, and emails.

U.S. House of Representatives District 7 & 12 (NJ) District 1 (Pa) Click here for phone, addresses, and emails.

NJ and PA governors and state representatives

Click here for phone, addresses, and emails.

NEWS & VIEWS

How Each House Member Voted on the Budget (NY Times) 10 more reasons for modest optimism (Substack: Robert Reich)

Bird Flu Spreads as Musk's DOGE Cuts Public Health Funding (Barn Raiser)

FRIENDS OF ILNH

One NJ7 · Indivisible Bucks County · Indivisible Southeastern Pa · Action Together NJ · We the People NJ-07 · New Jersey Citizen Action · New Jersey Working Families Party