
ILNH: Hands Off Our River Towns a HUGE success!! Grassroots at its best.



Hello friends,

Thank you to all who donated to [Fisherman's Mark](#) (we raised \$500! 🍷) and participated in yesterday's Hands Off Our River Towns Rally and March! We were roughly 1000 activists strong, organizing to uphold the Constitution and end executive overreach!

In a moment where the rich and powerful are seeking to divide us, we came together. With their votes, their refusal to take a stand and with their silence, Tom Kean, Jr. and Brian Fitzpatrick show fealty to Donald Trump and make excuses for his cruel and unconstitutional power grabs. We stand for the restoration of fundamental pillars of our democracy; free speech, due process, branches of government that exist to ensure they remain co-equal and life, liberty and the pursuit of happiness for all - not just those that feign loyalty to a would-be king and his court of jesters. Indivisible Lambertville/New Hope (ILNH) exists for one reason, to help everyday people take action. That action might be protesting, writing postcards, canvassing, contacting your elected officials about the below weekly Action Alerts, registering voters, and/or volunteering with ILNH to make events like the Hands Off Rally and March happen! [Email us](#) if you're interested in volunteering with ILNH! With the next election just 7 months away, every single one of us is needed to do something, then another something, and then more somethings! And when you do your something, connect with us (we're super social) on our social media accounts. See our [Instagram page](#), private [Fb page](#) and/or our new [Bluesky](#) account to see pictures and videos from yesterday's event!

A big shout out for tomorrow's town hall with Rep. Ro Khanna (CA-17)! From his frequent appearances on CNN, MSNBC, & other networks, or from leading the opposition in Congress to Trump's overreaches, Congressman Khanna is not afraid to speak with the people of NJ-07. Come meet him and ask about the issues most important to you, like Social Security, Medicaid and Medicare, democracy, supporting vulnerable communities and the environment. [Register today](#) and meet him tomorrow! You'll also hear from Cindi, ILNH's fearless co-founder!

Remember to join our private [ILNH Fb](#) page and if you were forwarded this email and want to subscribe, [click here](#)! Also, don't forget to check out our [website](#)!

Peace in activism,
Indivisible Lambertville/New Hope (ILNH)

EVENTS/TRAINING/PROTESTS ETC.

NJ-07 Town Hall with Special
Guest Rep. Ro Khanna

Monday, April 21, 2025, 6:30-8:30pm
Join ILNH and Congressman Ro Khanna for a Town Hall to take
back NJ-07 for the PEOPLE!

Congressman Ro Khanna (CA-17) was born and raised just
across the river in Bucks County. Since the 2024 election, he has
been one of the most preeminent voices in the Democratic Party,
from hosting town halls across the country and frequently
appearing on CNN, MSNBC, and other networks, to leading the
charge in Congress against the illegal actions of the Trump
Administration. Unlike our own Representative Tom Kean Jr.,
Congressman Khanna is not afraid to speak with the people of
NJ-07, so come meet him and ask about the issues most
important to you, like Social Security, Medicaid and Medicare,
democracy, supporting vulnerable communities and the
environment. [Click here](#) to register and for more information!

Protecting Medicaid in New
Jersey: What's at Stake for
People with Disabilities and
Older Adults and What You
Can Do to Defend Medicaid

April 23 @ 2pm
Disability Rights New Jersey and the NJ Long-Term Care
Ombudsman partner with Justice In Aging, a national
organization dedicated to fighting senior poverty through law, for
an hour-long webinar to provide updates on the state of
Medicaid, and how our state could be impacted by proposed cuts
and changes being discussed in Washington. What will be
covered? [Click here](#) to register and for more information!

May Day Protests

Thursday May 1 protests organized by "[May Day Strong](#)"
(Indivisible is one of the partners)

- Philadelphia (5-6:30pm): [Click here](#) for more information
and to register!
- Princeton (6:15-9pm): [Click here](#) for more information and
to register!

Trump and his billionaire profiteers are trying to create a race to
the bottom—on wages, on benefits, on dignity itself. This May
Day we are fighting back. We are demanding a country that puts
our families over their fortunes—public schools over private
profits, healthcare over hedge funds, prosperity over free market
politics.

Indivisible One New Jersey
(IONJ) Convening

Saturday May 3-Sunday May 4, at the Crowne Plaza, Princeton
In-person and remote options Open to all Indivisibles in NJ. The
agenda includes networking opportunities, informational
sessions, team building exercises,

trainings, voter engagement tactics, field plans, food, and fun! Space is limited, so register ASAP to reserve your slot!

[Click here](#) for more information and to register!

Tuesday/Thursday Office Visits
with Tom Kean Jr.

Every Tuesday and Thursday
[75 Claremont Road, Suite 206, Bernardsville, NJ 07924](#)

[Signup here](#) to visit his office staff every Tuesday and Thursdays throughout the year at his Bernardsville location.

Finding Kean Fridays

Fridays, 12-1pm, Bernardsville, NJ 07924
Constituents are visiting his office every Friday. Let's keep that momentum going.
Every Friday we will meet at the Bernardsville Train Station (across the street from [55 Mine Brook Road Bernardsville](#)) Start at the train station. Small groups can go into his office to meet with staff. [Click here](#) to register and for more information!

ACTION ALERTS

Fight the Administration's
Defiance of the Constitution
and Courts

Fight the Administration's Defiance of the Constitution and Courts. Congress must forcefully act now to reclaim their co-equal role in our government, protect the rule of law, and stop the administration's complete decimation of our government.
[Click here](#) to take action now!

Protect Worker Safety by
Reversing NIOSH Cuts

In early April 2025, Robert F. Kennedy Jr.'s Department of Health and Human Services (HHS) slashed the NIOSH workforce by two thirds and shuttered labs and offices nationwide. These cuts all but destroy 50 years of infrastructure and programs that have protected workers and prevented workplace injuries, illnesses, and deaths among miners, firefighters, industrial and factory workers, healthcare workers, flight attendants, construction workers, agricultural workers, and more.
[Click here](#) to take action now!

Bring Abrego Garcia Home
and Stop Trafficking Civilians

The administration's criminalizing of civilians regardless of nationality or immigration status, with no evidence or due process, and trafficking them to a foreign country is terrifying.
[Click here](#) to take action now!

Documenting How Social
Security Staff Cuts Affect NJ
residents

As the Trump administration cuts the number of Social Security Administration (SSA) staff, a group of concerned citizens is trying to assemble information on the difficulties some NJ residents experience in speaking to the remaining SSA workers (by phone or in person) about their Social Security or Medicare benefits. The group plans to disseminate this information to pressure Republicans in congress to reverse the staffing cuts. This info can also help mobilize support for Democrats and help take back control of the House. If you know anyone who has experienced these difficulties communicating with SSA about their benefits

please email info@indivisiblelnh.com. Volunteers are welcome to help with this project! ILNH will forward all responses to the project organizer.

FREE Red Cards for Distribution!

Get [FREE Red Cards](#) to share essential info about rights under the U.S. Constitution.

Fired up? Take a heavier bag - there are more cards in there.

Starting small? Take a lighter bag - less in there.

Ready to start a kindness revolution? Take a few bags!

Where to Place Them: Community centers, churches, businesses, laundromats, libraries, and public spaces

Each bag includes instructions on How to Distribute.

Take as many as you can distribute—more available upon request! If you will and can distribute, we will provide!

Thanks for helping protect our community!

Pickup location: [21 N Main St, Lambertville](#) (corner of N Main and Jefferson Sts). Cards are in a bin on the Jefferson Street-side porch. Pick the cards up any time!

Other Actions You Can Take

[Chop Wood Carry Water Daily Actions](#)

[5 Calls](#)

[Actions provided by Indivisible National](#)

LEGISLATOR CONTACT INFO.

[Click here](#) for phone, addresses, and emails of U.S. Senators (PA and NJ)

[Click here](#) for phone, addresses, and emails of U.S. House of Representatives District 7 & 12 (NJ) District 1 (Pa)

[Click here](#) for phone, addresses, and emails of NJ and PA governors and state representatives

NEWS & VIEWS

[‘Shame!’ Protesters Nationwide Rally Again to Condemn Trump Policies](#) (New York Times)

[Anti-Trump Protesters Mobilize for Hundreds of Events via 50501 Movement](#) (Rolling Stone)

["Not Very Compelling": How NPR's Public Editor Dismissed the Largest Protests of 2025](#) (The Present Age)

FRIENDS OF ILNH

[One NJ7](#) · [Indivisible Bucks County](#) · [Indivisible Greater Jenkintown](#) · [Action Together NJ](#) · [We the People NJ-07](#) · [New Jersey Citizen Action](#) · [New Jersey Working Families Party](#) · [CTC for Progress](#)
[Make the Road NJ](#) · [Fisherman's Mark](#)